



High Performance Football Camp Jul/Aug 2025



Week	Theme	Description
Week 1	Creativity	A fun-filled start focused on imagination, flair, and trying new things on the pitch through expressive play and skillful tricks.
Week 2	Goals Goals Goals!	A sharp focus on finishing, boosting shooting technique, attacking combos, and instinctive goal-scoring from all angles.
Week 3	Mission Control	Tactical awareness takes centre stage, with players learning about positioning, scanning, tempo, and commanding the flow of play.
Week 4	Football IQ	Improving decision-making, reading the game, and adapting to scenarios, developing smart, agile thinkers on the pitch.
Week 5	Battle Week	A competitive tournament week where players show grit, resilience, and team spirit against a wider field of opponents.
Week 6	Level Up!	Reflective learning through video analysis and match replays, reinforcing growth and deepening understanding of the game.
Week 7	Champions Week	A high-energy finale celebrating all progress made, with matches, competitions, leadership, and awards to finish on a high.